

# One of the fastest 5 Mile Road Races in the country



**ENVISAGE**  
BRAND EXPERIENCES

**ALSAGER 5**

## In Memory of Dave Edwards

ON SUNDAY 3RD FEBRUARY 2019  
5 MILE ROAD RACE

**11.00AM START**

FROM ALSAGER LEISURE CENTRE (NEAR CREWE)

PRIZES TO FIRST 3 MALES AND FIRST 3 FEMALES  
PLUS ALL THE USUAL VETS CATEGORIES

Accurately measured course  
Under UK Athletics Rules  
Licence Number 2019-36897

**CHIP TIMING & TECHNICAL T-SHIRT TO ALL FINISHERS**



Supported by:

**afford**  
Rent-A-Car

**ENTRY FEES:** (PLEASE MAKE CHEQUES PAYABLE TO GRASSROOTS RUNNERS)

Club Runners.....£14.00; Unattached.....£16.00;

*N.B. Entries on the day (if available) will be subject to a £1.00 administration charge*

Please return the completed entry form below with a 9x6 S.A.E. to:

Ken Rushton 6 Gardenholm Close, Lightwood, Stoke-on-Trent, ST3 7YQ

For further details telephone: Ken Rushton (01782) 330853 or Paul Robotham (01782) 720384. Or kenrushton54@gmail.com

### ENTRY FORM

Please Tick: Male <input type="checkbox"/>		Female <input type="checkbox"/>
Surname:		First Name:
		Other Initial:
U.K Affiliated Club: (if not a club member write unaffiliated)		NSRRA No: (Leave blank if you are not a member)
Age on race day: <u>*NB Entrants under 18 years of age must have signed permission from parent or guardian.</u>		UK Athletics number:
		Total Amount enclosed: £
Address:		
Telephone number: (Day)		(Evening)
Minimum age for the 5 Mile Road Race is 15 years on or before the race day. I declare that: (1) I am an amateur under UK Athletics rules; (2) I will abide by the UK Athletics laws and rules; (3) I enter and intend to run entirely at my own risk.		
Runner's Signature:		* Parent's/ Guardian's Signature:
Date:		

Why not visit our web site at [www.alsager5.co.uk](http://www.alsager5.co.uk)